



Living
Life

Loving
Life



THE TERRACES AT

WESTMINSTER

Welcoming
Neighbors

Welcoming
Friends



Welcome

Our Personalized Approach Starts With...

EXPERIENCE, EXPERTISE, & ENGAGEMENT!

We customize care so our residents can enjoy all life has to offer! The Terraces at Westminster means meeting wellness needs *and* providing a wealth of opportunities for personal growth through our Life Enrichment programs.

Mother's experience with The Terraces at Westminster has exceeded all of our family's expectations. She was nervous when we arrived to view the facility for the initial visit. While the skilled staff conducted the tour she was quiet, absorbing all the information she was receiving while checking out the spotless, beautifully appointed facility. She had questions and once answered, she simply said with no hesitation "Where do I sign?"

She's been a resident now for eight years and she's thriving at 98 with the help of professionals who address her every need. She is happy and well-cared for and thinks of the aids and medical professionals and administration as her family. She loves her home and we couldn't have hoped for more.

—The Demenchuk & Goetz Family





Experience
Comfort

Residential Living

We offer a multitude of residential options and floorplans to meet individual needs and preferences, including mid and large size studios, one-bedroom, two-bedroom apartments or our secure memory support options.

Our affordable apartment rates include three daily meals in the Assisted Living dining room, all utilities, recreational activities and programming.

Amenities included with all private residences:

- Individual climate control
- Television and Cable Services
- Walk-in showers with handy safety features
- Comprehensive maintenance
- Weekly housekeeping and laundry service
- 24/7 Emergency Response and Security System

Community recreational areas include:

- Spacious Living Room Areas
- Spacious Dining Room with Baby Grande Piano
- Library Area
- Full Working Salon
- Private Dining Room
- Fully Stocked Country Kitchen
- Beautifully Landscaped Grounds





Studio Suite

Square footage varies depending on location within the community.



One Bedroom Suite

Square footage varies depending on location within the community.



Two Bedroom Suite

Square footage varies depending on location within the community.



Life
Enrichment

Social Wellness

Forging connections and friendships in both the surrounding community and our community is the goal of Life Enrichment programming at The Terraces at Westminster.

Recreational Activities and Programs include:

- Exercise Programs
- Art Programs
- Musical Entertainment
- Religious Services
- Holiday, Birthday, and Anniversary Celebrations
- Cultural Events
- Resident Outings
- Happy Hour
- Gardening
- Barbeques



THE TERRACES AT

WESTMINSTER



Delectable
Dining

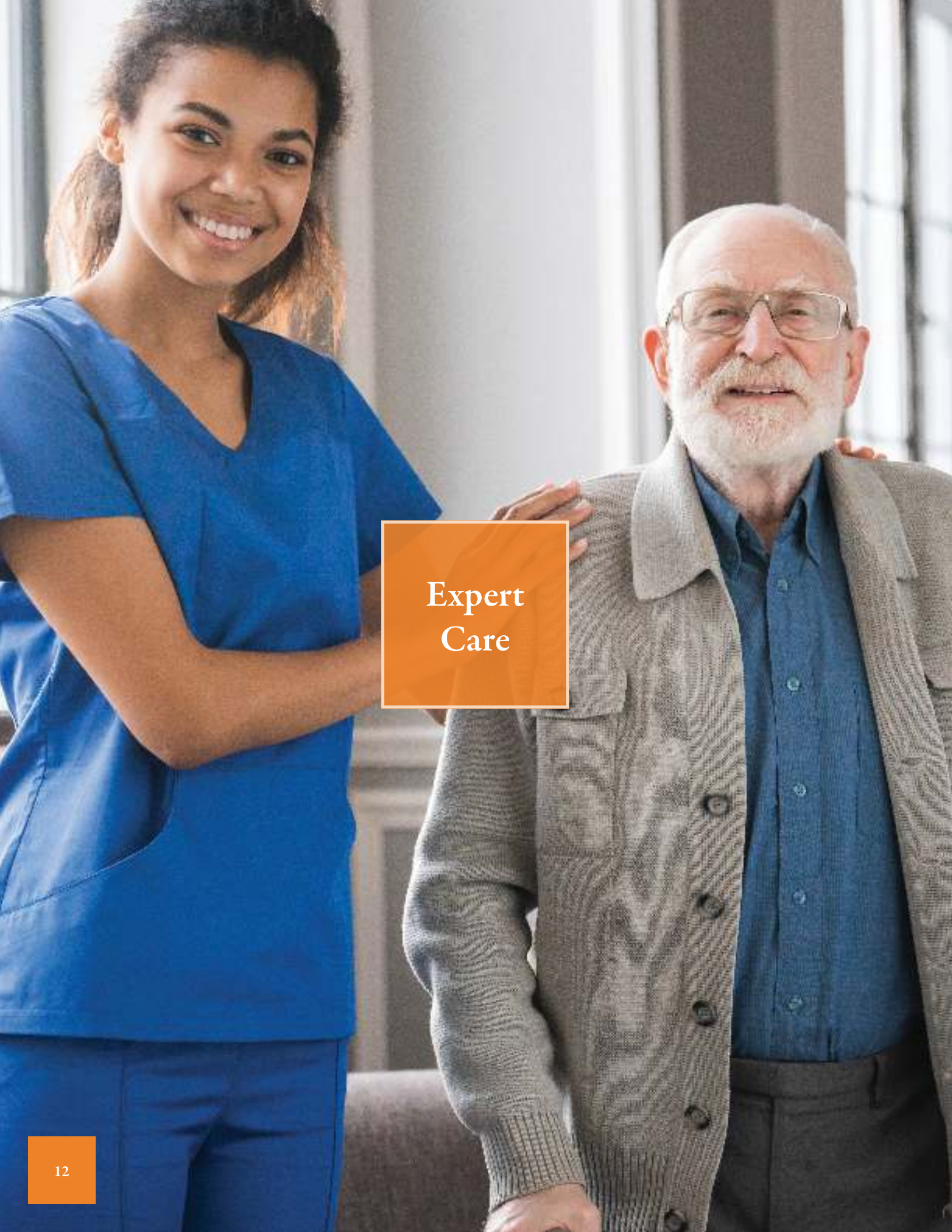
Meals Made with Pride

Our in-house chef makes certain every meal at The Terraces at Westminster is a memorable dining experience. Updating our menu with fresh, seasonal favorites, and accommodating any preferences or dietary restrictions* are points of pride for our dining staff. We also provide lighter fare and snacks throughout the day at our Bistro.

THE TERRACES SAMPLE MENU

| | |
|------------------|---|
| Breakfast | <p>Fluffy Buttermilk Blueberry Pancakes - <i>Served with Syrup and Fresh Fruit.</i></p> <p>Eggs Cooked Your Way - <i>Served with your choice of bacon or sausage, home fries and your choice of toast. Served with fresh fruit.</i></p> |
| Lunch | <p>Crab Cake - <i>with Premium Lump Crab, Homemade Tartar Sauce and Baked Potato.</i></p> <p>Mediterranean Salad - <i>with Cucumber, Feta Cheese, Kalamata Olives and Red Onion with Homemade Balsamic Vinaigrette Dressing, topped with Grilled Chicken.</i></p> |
| Dinner | <p>Beef Medallions - <i>Served with Au Jus, roasted garlic mashed potatoes and fresh steamed baby carrots.</i></p> <p>Salmon - <i>with Homemade Dill Sauce, Served with sautéed Spinach and Garlic.</i></p> |
| Dessert | <p>Homemade Brownie Sundae smothered in rich chocolate sauce topped with whipped cream and a cherry.</p> <p>Warm Homemade Apple Pie, drizzled with caramel sauce, topped with a scoop of your favorite ice cream.</p> |





Expert
Care

Health & Safety

Nothing matters more to us than caring for our residents. To make sure all personal needs are met, we offer Marquis Enhanced Senior Living Care, a supervised wellness program that monitors the health, safety, and specific needs of each resident.

Our community is operated to the highest safety standards. A call alert system provides assistance whenever needed, and our 24/7 on-site care and nursing staff stand ready to help.

On-Site Health Services

- 24/7 on-site nursing available
- Primary Care Physicians
- Medication Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Podiatry
- Dermatologist
- Audiologist
- Psychiatrist
- Psychologist
- Dentistry

For residents in need of sub-acute rehabilitation or long-term nursing care, we are ready to make the transition a seamless one.



Specialty
Programs

Memory Care

Our memory care program is dedicated to meeting the needs of individuals living with Alzheimer's Disease and other forms of dementia. Specially trained staff and a structured routine help keep residents active and stimulated throughout the day, while providing a safe and secure environment for them to thrive.

Customized Services and Care

At The Terraces at Westminster we promote independence by learning each resident's individual interest and routines. Working with you, our staff will develop an individualized service plan designed to meet these goals, while monitoring and adapting it to meet any changes in your loved one's condition.

Food Services

- Special preparation and presentation of food
- Dining and eating

We encourage families to remain actively engaged in their loved one's care and offer ways to continue their support or choose to let us take these worries away through the services we offer.



Respite
Service

Respite Care

Being a caregiver is often stressful and taxing. Taking a much-deserved break from the day-to-day routine of caregiving is essential to the wellbeing of caregivers.

The Terraces Respite Care Service provides caregivers with a temporary break from daily duties and responsibilities. Whether it's just a few days off, or time away for a family vacation or special event, The Terraces Respite Care team is ready to provide your loved one with exemplary care.

Respite Care also provides a great opportunity for potential residents to try The Terraces community before committing to moving in.

Respite Care Services:

- 24-Hour Support
- Medication Administration
- Daily Activities Programming
- Restaurant-Style Dining
- Housekeeping Services
- Availability of Rehabilitation Services
- Physician Support
- Laundry Services
- Weekly Outing



Home of
Friendship

Home of
Happiness



THE TERRACES AT

WESTMINSTER

Home of
Serenity

Home of
Warmth



THE TERRACES AT
WESTMINSTER

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ENHANCED SENIOR LIVING
A MARQUIS PROGRAM